## AMENDMENTS TO THE CLAIMS

Please replace all prior versions of the claims with the listings of claims that follows:

## **Listing of Claims:**

- 1. (Currently Amended) A portable stand, in particular a portable stand for holding and supporting video cameras, photo-cameras and other optical recording devices, having:

  an oblong basic body;
  - a lower handle mounted to the lower end of the basic body by means of a first holding element, wherein said lower handle exhibits a fixing hook which engages a pin device of said first holding element and said fixing hook exhibits an at least in parts part a threaded pin extension for receiving a first forked joint and a fixing screw, said fixing screw is led through a grip surface of said first handle and said first forked joint being pressed onto or released from said first holding element through turning of the grip surface, in such a way that the position of said first handle is adjustable and fixable as desired;
  - an upper handle mounted by means of a second holding element between the lower and the upper end of the basic body, wherein said upper handle exhibits a fixing hook engaging a pin device of said second holding element and said fixing hook has an at least in parts part a threaded pin extension for receiving a second forked joint and a fixing screw, wherein said fixing screw is led through a grip surface of said second handle and said second forked joint is pressed onto or released from said second holding element through turning said grip surface, in such a way that the position of said second handle is adjustable and fixable as desired;
  - wherein said first and/or second grip surface of said first and/or second handle is detachable through unscrewing the respective fixing screw; and
  - a connection plate provided at the upper end of the basic body for receiving the device to be carried.

- 2. (Previously Presented) The portable stand according to claim 1, wherein the pin extension of said fixing hook of said first and/or said second handle serves for receiving and fixing an adapter for a remote control unit for the video camera, the photo-camera or the other optical recording devices.
- 3. (Previously Presented) The portable stand according to claim 1 wherein said pin extension of said fixing hook of said first and/or said second handle serves for receiving and fixing a further fixing device for fixing said first and/or said second handle to external elements.
- 4. (Original) The portable stand according to claim 3, wherein said external element is a plug-in belt bow.
- 5. (Canceled)
- 6. (Previously Presented) The portable stand according to claim 1, wherein the pin-like pin extension of said fixing hook of said first and/or said second handle serves for receiving and fixing an adapter for a monitor for the video camera, the photo-camera or the other optical recording device.
- 7. (Original) The portable stand according to claim 1, wherein the basic body comprises a number of tubular component elements.
- 8. (Original) The portable stand according to claim 1, wherein said basic body has a telescopic set-up.
- 9. (Canceled)
- 10. (Original) The portable stand according to claim 1, wherein said first lower handle can be swiveled by 90°.

- 11. (Original) The portable stand according to claim 1, wherein said second upper handle can be swiveled by 180°.
- 12. (Currently Amended) A portable camera support comprising:

  a basic body and to which are attached a connection plate, an with upper handle and a lower handle, said upper handle being attached to said basic body by a first holding element and said lower handle being attached to said basic body by a second holding element, each said holding element including a pin device, and each said handle including a fixing hook with a threaded extension, a forked joint, a fixing screw and a grip surface on said fixing screw, said fixing screw releasably pressing said forked joint against said holding element; wherein at least one of said handles is detachable through unscrewing the respective fixing screw.
- 13. (Currently Amended) The portable stand according to claim 12, wherein the pin said threaded extension of said fixing hook of said first and/or said second handle serves for receiving and fixing an adapter for a remote control unit for the video camera, the photocamera or the other optical recording devices.
- 14. (Currently Amended) The portable stand according to claim 12, wherein said pin threaded extension of said fixing hook of said first and/or said second handle serves for receiving and fixing a further fixing device for fixing said first and/or said second handle to external elements.
- 15. (Previously Presented) The portable stand according to claim 14, wherein said external element is a plug-in belt bow.
- 16. (Canceled)

- 17. (Currently Amended) The portable stand according to claim 12, wherein the pin said threaded extension of said fixing hook of said first and/or said second handle serves for receiving and fixing an adapter for a monitor for the video camera, the photo-camera or the other optical recording device.
- 18. (Previously Presented) The portable stand according to claim 12, wherein the basic body comprises a number of tubular component elements.
- 19. (Previously Presented) The portable stand according to claim 12, wherein said basic body has a telescopic set-up.
- 20. (Canceled)
- 21. (Previously Presented) The portable stand according to claim 12, wherein said first lower handle can be swiveled by 90°.
- 22. (Previously Presented) The portable stand according to claim 12, wherein said second upper handle can be swiveled by 180°.